



Indirani College of Nursing

DEVOTION DEDICATION DISCIPLINE

Ariyur, Puducherry - 605 102

(Affiliated to Pondicherry University, Puducherry)



RESEARCH PROJECT TITLE - 2020 - 2021

Name of the PG scholar	Name of the Department	Name of the guide	Title of the thesis
Anusya.A	Child Health Nursing	Prof.Dr. Malliga. M	“A Study to assess the effectiveness of bates on improving visual acuity among children with myopia at selected schools, Puducherry”
Kathigeyan.T	Medical Surgical Nursing	Prof.Dr.Rajeswari .R	“A Study to explore the risk factors of CVA among adults attending East Coast Hospital Puducherry.”
Anandhi.N	Medical Surgical Nursing	Prof.Sunitha Therese	“A Study to assess the awareness on early identification and self-management of hypoglycaemia among patients with diabetes mellitus at selected rural area in Puducherry.”

Mohanapriya.V	Medical Surgical Nursing	Medical Surgical Nursing	“A Study to assess the effectiveness of aerobic exercise on level of fatigue among patients receiving radiation therapy in selected cancer centre at Tamilnadu.”
Thamizharasi.A	Medical Surgical Nursing	Medical Surgical Nursing	“A Study to assess the effectiveness of nursing intervention on pressure ulcer among postoperative patients in selected hospital at Puducherry.”
Iyyappan.T	Mental Health Nursing	Mr.Ganesan. E	“A Study to assess the effectiveness of relaxation techniques on occupational stress among construction workers in selected construction area at Puducherry.”
Raveena.M	Mental Health Nursing	Mr.Ganesan. E	“A Study to assess the Knowledge cause and early symptoms of depression among rural people in selected area at Puducherry. “
Mohana.M	Obstetrics & Gynecological Nursing	Prof.Jamunarani.G	“A descriptive correlational study to assess the physical and psychological experienced by the intrauterine device user among mothers at selected village, Puducherry.”
Kaviarasan	Community Health Nursing	Prof.Dr.Rathidevi	“A Study to assess the effectiveness of Podiatric care on the risk of falls among the elderly at the selected rural village of Puducherry. “

Sandhiya.J	Child Health Nursing	Prof.Chandralekha.E	“A Study to assess the effectiveness of Jacobson’s Progressive muscle relaxation techniques on level of social anxiety among adolescents in selected college at Puducherry.”
Deepika.N	Child Health Nursing	Prof.Chandralekha.E	“A Study to assess the effectiveness of eye exercises on reducing eye strain among children exposing to smart media devices at selected schools, Puducherry.”
Rajam.P	Obstetrics & Gyneacological Nursing	Mrs.Kavitha .S	“A Study to assess the effectiveness of Alma Alftair water compress on breast engorgement among postnatal women at Puducherry.”



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Name of the PG scholar	Name of the Department	Name of the guide	Title of the thesis
R.Malar	Medical Surgical Nursing	Prof.Dr.Rajeswari .R	A comparative study to assess the psychosocial problems of adolescents between selected rural and urban school
R.Sofia	Medical Surgical Nursing	Prof.Dr.Rajeswari .R	Effectiveness of nursing strategies on quality of sleep among haemodialysis patients in selected hospital.
K.Tamizhazagan	Medical Surgical Nursing	Prof.Dr.Rajeswari .R	Effectiveness of selected nursing interventional package on blood sugar level among type 2 diabetic mellitus patients in selected community area

S.Jeevitha	Medical Surgical Nursing	Prof. Sunitha Therese	Effectiveness of conventional land based exercise on reducing pain among patients with knee osteoarthritis at selected community area.
K.Thamizhselvi	Medical Surgical Nursing	Prof. Sunitha Therese	Effectiveness of video assisted teaching on prevention of complication of diabetic mellitus among diabetic clients at selected rural area
S.Prakash	Medical Surgical Nursing	Prof. K.Chandralekha	Effectiveness of video assisted teaching on pre-procedure anxiety management among patients undergoing GI endoscopy in selected hospital
P.Suganya	Medical Surgical Nursing	Prof. K.Chandralekha	Effectiveness of proximal massage and palm fisting in reducing the risk of thrombophlebitis among IV cannulated patients admitted in selected hospital
R.Pramila	Obstetrics & Gynecological Nursing	Mrs.Jamunarani .G	Effectiveness of health promotion program on reproductive health among visually impaired adolescent girls at special school
Gowri	Child Health Nursing	Mrs.Chandralekha.E	Effectiveness of structured teaching programme on knowledge regarding child welfare programme in India among the mother of under five children.

T.Ramya	Child Health Nursing	Mrs.Chandralekha.E	Effectiveness of planned teaching programme on toilet training among mothers of mentally retarded children in special school.
S.Vijayalakshmi	Child Health Nursing	Mrs.Chandralekha.E	Effectiveness of video assisted teaching programme up on knowledge on prevention of child abuse among parents of disabled children at special school.
Kanimozhi	Obstetrics & Gyneacological Nursing	Mrs.S.Kavitha	Effectiveness of education interventional module on post operative outcome among women undergoing hysterectomy at selected hospital
D.Priyadharshini	Obstetrics & Gyneacological Nursing	Mrs.G.Amudha	Effectiveness of video assisted teaching on knowledge regarding selected obstetrical emergencies among nursing personnel in selected hospital
A.Priya	Child Health Nursing	Ms.Vaishnavi	Effectiveness of structured teaching programme on knowledge of first-aid training on selected conditions among school going children of 10-14 years of age
Rajeswari.P	Child Health Nursing	Ms.Vaishnavi	Effectiveness of educational intervention on child-to-child approach on knowledge and practice regarding importance of hand washing among the primary school children 8-12 years

A.Sinduja	Child Health Nursing	Ms.Vaishnavi	Effectiveness of video assisted teaching on knowledge regarding management of drowning among mothers of under five children ICDS
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RESEARCH PROJECT TITLE - 2018 - 2019

Name of the PG scholar	Name of the Department	Name of the guide	Title of the thesis
Thilagam .B	Child Health Nursing	Prof. Malliga . M	A study to assess the effectiveness of educational intervention module on feeding problems encountered by mothers of toddlers at selected ICDS centres, Puducherry.
Jagannath .N	Medical surgical Nursing	Prof.Rajeswari. R	A study to assess the effectiveness of hydrotherapy on pain and knee flexion angle among knee arthritis patients in Hemerijckx health centre, Puducherry.
Meena .M	Medical surgical Nursing	Prof.Rajeswari. R	A study to assess and correlate sleep quality and perceived sleep distractors among cancer patients at selected cancer institute, Puducherry.

Roopasree .K	Medical surgical Nursing	Prof.Rajeswari. R	Lived experiences of cancer patients and their family members in view to develop nursing care guidelines for nursing personnel at selected cancer institute Puducherry.
Siva sankari .A	Medical surgical Nursing	Prof.Sunitha Therese	A study to assess the effectiveness of lumbar support on pain and comfort among abdominal surgery patient at selected hospital, Puducherry.
Sudhashini .J	Medical surgical Nursing	Prof.Sunitha Therese	A study to assess the effectiveness of orientation program on level of anxiety and behavioural response among cancer patient at selected cancer hospital Puducherry.
Lavanya .P	Medical surgical Nursing	Prof.Chandralekha.K	A study to assess the effectiveness of Swedish massage on reduction of blood pressure among patients with hypertension admitted in SVMCH & RC, Puducherry.
Sivaranjani .P	Medical surgical Nursing	Prof.Chandralekha.K	A study to assess the effectiveness of music therapy on reduction of blood pressure among patient with hypertension at selected hospital, Puducherry.
Arogiamarie Gorler .J	Obstetrical & Gynecological nursing	Mrs.Jamunarani .G	A correlational study to assess the maternal positions on maternal and foetal parameters during Non- Stress Test among antenatal mothers at SVMCH& RC, Puducherry.

Priyadharshini .I	Obstetrical & Gynecological nursing	Mrs.Jamunarani .G	A study to assess the effectiveness of lavender oil massage on reduction of sciatica based low back pain during pregnancy among mothers at SVMCH & RC, Puducherry.
Rosi .S	Obstetrical & Gynecological nursing	Mrs.Kavitha .S	A study to assess the effectiveness of cognition emotion therapy on reduction of stress and improving coping strategies among infertile women at Cluny hospital, at Puducherry.
Cathrine Lourdu Marie .L	Obstetrical & Gynecological nursing	Mrs.Amudha	A study to assess the effectiveness of wellness Program on reduction of symptoms of polycystic ovarian syndrome among adolescent girls at selected colleges, Puducherry.



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Name of the PG scholar	Name of the Department	Name of the guide	Title of the thesis
Saranya.R	Child Health Nursing	Prof.Malliga . M	A Correlative study to assess the effect of risk-taking behaviour on scholastic performance of early adolescents in selected school, Ariyur, Puducherry.
Suganthi.D	Child Health Nursing	Prof.Malliga . M	A Correlative study on the knowledge of mothers on nutrition and the nutritional status of their under five children in a selected community area, Puducherry
Vijayasree	Child Health Nursing	Prof.Malliga . M	A Study to assess the effectiveness of education intervention on knowledge and attitude regarding technique on expressing and utilization of expressed breast milk among working lactating women at SVMCH &RC, Puducherry.

Prem	Child Health Nursing	Prof.Dr. Latha Srikanth	A study to assess the effectiveness of educational intervention on knowledge regarding selected optional vaccines among mothers of under five children in rural area at Naraiyur, Villupuram.
Priyadharshini	Child Health Nursing	Prof.Dr. Latha Srikanth	A study to assess the prevalence of obesity and its associated risk factors among adolescents in selected school, Puducherry.
Sangeetha	Child Health Nursing	Prof.Dr. Latha Srikanth	A study to assess the relationship between body mass index and blood pressure among adolescent girls at selected school of Ariyur, Puducherry.
BathulaLakshmiChaitanya	Medical Surgical Nursing	Prof.Rajeswari .R	A study to assess the effectiveness of thermotherapy on body temperature among the patients with fever admitted in SVMCH & RC, Puducherry.
Jaiganesh	Medical Surgical Nursing	Prof.Rajeswari .R	A study to assess the effectiveness of foot massage on cardiac parameters among hypertensive patients in SVMCH&RC, Puducherry.
Mohamad Asarudeen	Medical Surgical Nursing	Prof.Rajeswari .R	A study to assess the effectiveness of aerobic exercise training on respiratory parameters among the individuals with high body mass index in selected areas of Puducherry”.

Arthi.R	Medical Surgical Nursing	Prof.Sunitha Therese	“A Study to assess the Effectiveness of Buteyko Breathing Technique on pulmonary parameters among patient with tuberculosis at SVMCH &RC, Puducherry.”
Kirupakaran	Medical Surgical Nursing	Prof.Sunitha Therese	A study to assess the effect of Intra-Dialytic Stretching Exercises on muscle cramp among patients undergoing haemodialysis in SVMCH & RC, Puducherry”.
Saranya.T	Medical Surgical Nursing	Prof.Sunitha Therese	A study to assess the effectiveness of Benson’s relaxation response on quality of sleep among post operative patients at SVMCH & RC.
Kalaiarasi	Medical Surgical Nursing	Mrs.Chandralekha.K	A study to assess the effectiveness of Epsom salt fomentation on reduction of knee pain and improving functional ability among patients with osteoarthritis admitted in SVMCH&RC, Puducherry
Sujatha.T	Medical Surgical Nursing	Mrs.Chandralekha.K	A study to assess the effectiveness of apitherapy on reduction of knee pain among elderly clients at selected rural areas in Puducherry.
Malathi	Child Health Nursing	Mrs.Chandralekha.E	A Study to evaluate the effectiveness of valid infant assessment guide a ready reckoner to detect the knowledge of growth and development among mothers of infant at SVMCH &RC, Puducherry.

Vijayalakshmy	Child Health Nursing	Mrs.Chandralekha.E	A study to assess the effectiveness of structured teaching programme on knowledge and attitude regarding prevention of swine flu among mothers of toddler, at Naraiyur.
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Name of the PG scholar	Name of the Department	Name of the guide	Title of the thesis
Sirajunisha	Child Health Nursing	Prof.Malliga . M	A quazi experimental study to assess the effectiveness of structured teaching program on assertiveness upon increasing the self esteem of adolescent girls in selected schools at Puducherry.
Velvizhi	Child Health Nursing	Prof.Malliga . M	A study to assess the knowledge and attitude regarding the values of play among mothers with toddler in view of providing information booklet at selected community, Puducherry.
Vinubalan	Child Health Nursing	Prof.Malliga . M	A comparative study to assess the knowledge and attitude on obesity among adolescent between selected urban and rural community, Puducherry.

Madhavi	Child Health Nursing	Prof.Dr.Latha Srikanth	An experimental study to assess the effectiveness of snake and ladder game in improving knowledge regarding personal hygiene among school age children (6 – 12 years) in selected schools at Puducherry.
Prabhu	Child Health Nursing	Prof.Dr.Latha Srikanth	A study to determine the effectiveness of IEC package on knowledge and attitude among mothers with under five children regarding child safety measures in selected community, Puducherry.
Ramiya	Child Health Nursing	Prof.Dr.Latha Srikanth	A study to assess the effectiveness of educational intervention on knowledge and attitude of mothers with infants regarding weaning at villianur, Puducherry.
Santhanalakshmi	Medical Surgical Nursing	Prof.Rajeswari .R	A quazi experimental study to assess the effectiveness of left nostril breathing exercise on heart rate variability and blood pressure among patients with hypertension in SVMCH & RC
Srija	Medical Surgical Nursing	Prof.Rajeswari .R	A correlation study to assess the body mass index, waist hip ratio and blood sugar level among the patients with diabetes mellitus at SVMCH & RC.
Sundari	Medical Surgical Nursing	Prof.Rajeswari .R	A retrospective case control study to assess the risk factors of sleep deprivation and coping strategies among students of selected arts and science college, Puducherry.

Bharathkumar	Medical Surgical Nursing	Prof.Sunitha Therese	A study to assess the effectiveness of ratchow's exercise in improving lower limb tissue perfusion among type –II diabetes mellitus at SVMCH & RC.
Lakshminarayanan	Medical Surgical Nursing	Prof.Sunitha Therese	A study to assess the effectiveness selected nursing intervention in reduction of pain and improving functional quality among elderly persons with osteoarthritis in selected community, Puducherry.
Srinivasan	Medical Surgical Nursing	Prof.Sunitha Therese	A quazi experimental study to assess the effectiveness of structured teaching program on prevention of refractive errors among third year B.Sc nursing students in ICON, Puducherry.
Dhivya	Medical Surgical Nursing	Mrs.Chandralekha.K	A study to assess the effectiveness of leg ergo metric exercise on reduction of fatigue among patients with chronic kidney disease undergoing hemo dialysis in SVMCH & RC
Gayathri	Medical Surgical Nursing	Mrs.Chandralekha.K	A study to assess the effectiveness of structured teaching program on prevention and control of hyperlipidaemia among patients who are admitted in medical ward at SVMCH & RC
Anandhi	Obstetrics & Gyneacological Nursing	Mrs.G Jamunarani	A pre-experimental study to assess the effectiveness guided imagery on reduction of blood pressure and stress among mothers with pregnancy induced hypertension at SVMCH & RC.

Revathi	Obstetrics & Gyneacological Nursing	Mrs.G Jamunarani	A correlational study to assess the relationship between pre pregnant body mass index and birth outcomes among mothers in SVMCH & RC
Vijaya Nirmala Devi	Obstetrics & Gyneacological Nursing	Mrs.G Jamunarani	A study to assess the effectiveness of self-instructional module on knowledge regarding safe confinement among primi parturient mothers in SVMCH & RC.
Agila	Child Health Nursing	Mrs.Chandralekha.E	A quazi experimental study to assess the effectiveness of computer assisted teaching on knowledge of Poly cystic ovarian syndrome and its coping strategies among adolescent girls in selected schools at Puducherry.
Vaishnavi	Child Health Nursing		A pre-experimental study to assess the effectiveness of yoga therapy in reducing exam anxiety among nursing students at selected nursing schools, Puducherry
Rajasree	Obstetrics & Gyneacological Nursing	Mrs. Kavitha .S	A quazi experimental study to assess the effectiveness of foot massage on reduction of post caesarean pain among post-natal mothers in SVMCH & RC.